# NUMEROLOGY DIAMOND SPIRIT GUIDE Anna Johanson 

Numerologist Hans Decoz


## WHAT THE DIAMOND CHART REVEALS

The Diamond Spirit Guide is one of the oldest number-based methods of divination and perhaps the most powerful tool numerology has to offer. It reveals the chain of cause and effect that connects your physical and non-physical planes. It tells us how your experiences, choices, and priorities in the physical world affect your internal/spiritual growth, and how, in return, this affects the quality of your life on the physical plane.

An incomplete, rudimentary version of the Diamond was brought back from obscurity by the late Kevin Quinn Avery and later completed and re-birthed by Hans Decoz.

Each Diamond pattern consists of four numbers. The first is called the Challenge. Your Challenge is a lesson or test that, once learned, will benefit you for the rest of your life.

The second number is the Root or Cause and explains the underlying reason that lesson has emerged. The third number, the Recommended Action (also called Action Key), gives advice on the best approach for a successful outcome. The final number - aptly named the Outcome - reveals what the likely result of your efforts will be, and how it might affect your future.

Except for ages 0 through 7 and 75 through 81 we experience two Diamonds per year from birthday to birthday. These two Diamonds overlap and are equally important; they fit together as if working on one helps us understand the other.

Although most Diamonds are in place only for one year, it's not uncommon for one or both Diamonds to repeat the following year. Often one number - usually the Challenge number - lasts for more than one year, while the other three numbers change. Finally, a number that is the Cause one year becomes the Action Key for the next. The Diamond's structure is complex but also logical and beautiful.

A word of advice: getting the most out of your Diamond requires some measure of self-reflection, not unlike the I Ching. I recommend that you read it more than once, then let it simmer. You may be surprised at the amount of insight you gain.

Your report covers two years/ages from birthday to birthday. To avoid distraction, you may want to postpone reading the Diamonds for the second year until a couple of months before your next birthday, or if you do read them, go back to the two for your current age and focus on those.


## THE FIRST DIAMOND

The first number in your Diamond is of a decidedly spiritual/inner nature. It's offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature. It reveals the true purpose of your struggle on the physical plane from a broad vantage point.

## Your First Diamond Challenge for age 32 is $\mathbf{3}$

The goal of this challenge is to enhance your self-expression through confidence and courage in all areas of your life, not just the creative or artistic avenues. It starts by understanding the magnitude of your potential, not the least of which is your imagination.

Your inner world should be a dynamic place, where realizations, feelings, hopes, dreams, discoveries, ideas, expectations, and yes, sometimes failures and disappointments, come and go, changing and enhancing you in the process. No supercomputer can hold a candle to the speed and reach of your mind, much less the power of your imagination. However, like a computer, it needs an operator to guide it to its full potential. That operator is you, and the more confident and comfortable you are at accessing and using your creativity, imagination, and analytical powers, the more successful you will be in life.

It takes courage to go against the grain, to make up your mind and follow your instincts - it's much easier to conform. But in order to be true to your unique potential you must, by definition, find YOUR voice. This challenge inspires you to expand your vision, find that voice, and express your individuality.

## YOUR FIRST DIAMOND CAUSE

The second number in your Diamond reflects the underlying cause of the challenge you face this year. It is the catalyst that sets things in motion, the root of the issues confronting you during this period.

## The Cause for your First Diamond is $\mathbf{1 4 / 5}$

A recent issue in your life may have had to do with a fear of freedom, analogous, perhaps, to a person recently home from a long stint in the military.

A divorce or losing a job can produce a similar effect. This can be frightening, and we often view it as a void or an abyss, rather than the opportunity for freedom and new beginnings. Many of us fear the prospect of time not filled with plans, goals or expectations. A 5 in this position suggests you may have been feeling somewhat lost or in search of purpose.

## THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND

The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.

## The Recommended Action for this Diamond is 7

Anna, sometimes doing less on a practical physical level is just what you need. A 7 in this position suggests that you focus at least some of your time on the intangible. Worldly issues are often resolved by focusing on the larger questions and mysteries of life, and the beauty of creation.

During this period, solutions to current issues will come, in large part, through introspection rather than critical thinking. Take time for meditation, contemplation, daydreaming, and reading scriptures or books on philosophy. Focus on your inner world. Try taking a little time each day to be alone, and use the time to ask the essential questions: Who am I? Why am I here? What do I want?

The qualities needed to successfully navigate this Diamond, and to take advantage of its opportunities are contemplation, research, and solitude.

## THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND

The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome

## What it means to have an expected Outcome of 4

Anna, a 4 in this position suggests that you exit this Diamond with a stronger foundation in your inner understanding as well as in the material world.

This diamond can inspire a more positive self-image, and help you feel more comfortable with the role you play in life. On the material plane, you should notice concrete and tangible improvements. This combination often sees improved financial circumstances and advancement in career or other practical areas of your life.

With effort we become more reliable and trustworthy; this, in turn, brings a sense of pride and strengthens our self-confidence. The 4 outcome suggests you have become more focused, have kept promises that may have been difficult to keep, and overcome temptations - all traits you can nurture to reach future goals.


## THE SECOND DIAMOND

The first number in your second Diamond is again of a decidedly spiritual/inner nature, offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature.

## Your Second Diamond Challenge for age 32 is 1

This common challenge is likely to repeat more than once during your life. It concerns confidence and selfempowerment. (The most commonly found challenges are 0,1 , and 2 - and almost always occur more than once in a lifetime. The lesson inherent in the 0 strengthens humanity as a whole; the 1 strengthens the individual; the 2 focuses on relationships).

This is a favorable time to learn more about your inner identity - the part you call "me" or "I'. It helps you maintain your identity without feeling distant or apart from those around you. You have an opportunity to become more secure in your self-worth, and the acceptance of your true self, which in turn can lay the foundation for contentment. (We experience our reality as separate from other people which, in part, is what makes us individuals. Sometimes, however, events or circumstances amplify the distance we feel, creating a sense of separation and loneliness. Although it is not possible to merge fully with another person, we can experience a shared reality and unbreakable bond, without losing ourselves in the process.)

## YOUR SECOND DIAMOND CAUSE

The second number in your Second Diamond reflects the underlying cause of a distinct challenge you will face this year. It is the catalyst that sets things in motion, the cause of the issues confronting you during this period.

## The Cause for your Second Diamond is 8

Your root cause suggests you may have been feeling a little off balance, perhaps for as long as three or four years. You feel you missed opportunities - real or imagined - and doubt may have been gnawing away at you.

This combination can leave you feeling a little insecure about where you belong and what you should be doing, not unlike a rock climber suddenly experiencing fear of height halfway up the mountain. Nothing has changed; you are climbing with the same equipment, traversing a mountain like many you have climbed before, but your discomfort is real, nonetheless.

Insecurity and doubt have a positive side as well. They help you move forward more carefully and deliberately, thereby proving to be the very ingredients that can prevent you from taking a hard fall.

## THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND

The third number in the Second Diamond pattern suggests a possible course of action to resolve the issues facing you during this period.

## The Recommended Action for this Diamond is 4

This is a period when effort, restraint, responsibility, and discipline are needed: put your nose to the grindstone, fulfill your obligations, don't procrastinate, and keep your eye on the goal. It's a time to be grounded and practical in all your endeavors. While this sounds like all work and no play, the upside is there should be no shortage of satisfaction and appreciation. With effort, you create more opportunities to reach your goal, and increase the likelihood of looking back on this period of your life with gratitude.

Not only does this effort result in tangible reward, you will grow as a stronger and more self-confident individual. Think of it as boot camp: difficult at times, but worth the effort.

The qualities required to successfully navigate this Diamond and upcoming opportunities are efficiency,
focus, time management, and an eye for detail.

## THE EXPECTED OUTCOME OF YOUR SECOND DIAMOND

The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Second Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome.

## What it means to have an expected Outcome of 3

Anna, a 3 in this position suggests you should feel less inhibited and more optimistic. The 3 brings a newly awakened creativity. This is one of the most strongly felt and desirable outcomes, because it seems to directly affect your ability to experience simple joy and happiness, as if the child in you has re-awakened. You may even recognize this in a change of style and taste; you might dress less conventionally or more colorfully or have a desire to change your environment.

Your sense of humor may be less reserved, and your health is more likely to improve, due to the positive, motivating outlook of the 3 .


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## Your First Diamond Challenge for age 33 is 3

The goal of this challenge is to enhance your self-expression through confidence and courage in all areas of your life, not just the creative or artistic avenues. It starts by understanding the magnitude of your potential, not the least of which is your imagination.

Your inner world should be a dynamic place, where realizations, feelings, hopes, dreams, discoveries, ideas, expectations, and yes, sometimes failures and disappointments, come and go, changing and enhancing you in the process. No supercomputer can hold a candle to the speed and reach of your mind, much less the power of your imagination. However, like a computer, it needs an operator to guide it to its full potential. That operator is you, and the more confident and comfortable you are at accessing and using your creativity, imagination, and analytical powers, the more successful you will be in life.

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## YOUR FIRST DIAMOND CAUSE

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## The Cause for your First Diamond is 7

Your search for deeper understanding has moved to the foreground over the last few years. Some of this may have been only marginally conscious. You may not, for example, have been going to a place of worship more often, or been reading metaphysical or intellectual books on Life's Big Questions. On the contrary, if you are a religious person, it is possible you have been performing outward expressions of your faith less often yet have been pondering the issue of religion or spirituality more intensely.

How much of this transformation has taken place consciously may vary, but a 7 in this position points to an increasing desire to understand things on a deeper level.

## THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND

The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.

## The Recommended Action for this Diamond is 6

The best approach to finding solutions to your own issues may be in directing a large part of your attention elsewhere, preferably toward your family, friends, or community. This doesn't mean you should stop actively working on the challenge previously described. It suggests that, by focusing on other issues, your subconscious has an opportunity to identify and work through some of those blockages. Sometimes, when we take the attention of ourselves and focus on the problems of others, we find clarity for our own issues.

It's no coincidence that you will likely find yourself in high demand during this period. Don't ignore your own issues but give more attention than usual to those around you - it could benefit both of you.

The main qualities required to successfully move through this Diamond, and to take advantage of coming opportunities are love, sacrifice, empathy, and generosity.

## THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND

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## YOUR SECOND DIAMOND CAUSE

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## The Cause for your Second Diamond is 1

At the root of your challenge lies a problem that seems only marginally related - the issue of control. Consciously or unconsciously, it is likely you have been in a position of power and dominance for some time, affecting the lives of others.

There are many ways this could have transpired. Others may depend on you financially or emotionally, or you may depend on them; either situation ultimately creates the same imbalance. It may have come about unintentionally as changing circumstances created a pattern of dependence and control. Regardless, you likely have influence over the happiness and well being of others in a way that is less than ideal, creating an imbalance that needs to be resolved.

This situation has the potential to limit your freedom, your creativity, and your ability to make choices that could further your career and happiness.

## THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND

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## The Recommended Action for this Diamond is 4

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Not only does this effort result in tangible reward, you will grow as a stronger and more self-confident
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## What it means to have an expected Outcome of 5

Anna, a 5 in this position suggests you feel a renewed sense of freedom and creative potential as you exit this Diamond. The dynamic 5 brings the feeling we can do anything we set our mind to. You likely feel more open and adventurous, and less restricted or frustrated than you did prior to this Diamond. Nurture the positive traits you are incorporating, such as adaptability, courage, versatility, and being open to new opportunities.

